



Monday	Tuesday	Wednesday	Thursday	Friday
	1	2	3	4
	<i>NO SCHOOL</i>	<i>NO SCHOOL</i>	<i>NO SCHOOL</i>	<i>NO SCHOOL</i>
7	8	9	10	11
<i>NO SCHOOL</i>	<i>NO SCHOOL</i>	Chicken Strips Baked Beans Fresh Fruit Fresh Vegetables Low Fat Milk	Sloppy Joes Tator Tots Fresh Fruit Fresh Vegetables Low Fat Milk	Cheese Pizza Fresh Fruit Fresh Vegetables Low Fat Chocolate Milk
14	15	16	17	18
Orange Chicken WG Seasoned Rice Fresh Fruit Fresh Vegetables Low Fat Milk	Pasta & Meat Sauce Ranch Casesar Salad Fresh Fruit Fresh Vegetables Low Fat Milk	Grilled Cheese Tomato Soup Fresh Fruit Fresh Vegetables Low Fat Milk	BBQ Chicken on a Bun Baked Beans Fresh Fruit Fresh Vegetables Low Fat Milk	Italian Dunkers w/ Marinara Fresh Fruit Fresh Vegetables Low Fat Chocolate Milk
21	22	23	24	25
Chicken Gravy over Mashed Potatoes Bread Stick Fresh Fruit Fresh Vegetables Low Fat Milk	Hamburger on a Bun Pickle Spear Fresh Fruit Fresh Vegetables Low Fat Milk	Mini Corn Dogs Baked Beans Fresh Fruit Fresh Vegetables Low Fat Milk	Cheese Omelet Hashbrown Patty Muffin Fresh Fruit Fresh Vegetables Low Fat Milk	Cheese Pizza Fresh Fruit Cookie Fresh Vegetables Low Fat Milk
28	29	30		
Chicken Patty on a Bun Baked Beans Fresh Fruit Fresh Vegetables Low Fat Milk	Softshell Tacos WG Seasoned Rice Fresh Fruit Fresh Vegetables Low Fat Milk	Chicken Nuggets Fries Fresh Fruit Fresh Vegetables Low Fat Milk		

Peanut Butter & Jelly or Meat & Cheese sandwiches are offered daily as an alternate to the first entrée.

BREAKFAST MENU

Whole grain(WG), reduced sugar cold cereal, 100% whole-wheat toast, 100% fruit juice, fresh fruit and milk will be offered everyday. ONE or more of the following items will also be offered as an alternate to the cold cereal and toast: Yogurt & toast, oatmeal & toast, WG pop-tart & toast, WG cereal bar & toast, 2 slices of toast, WG breakfast pizza, WG pancakes or another "cook's choice" item.
Served: 7:40—8 AM.

Breakfast and lunch free for all students.

	<u>Breakfast</u>	<u>Lunch</u>
Adults	\$ 2.55	\$5.30
Ala Carte Milk	\$0.50	\$0.50

Applications for Educational Benefits are available on-line, www.northshorecommunityschool.org, LunchApplications.com, or at school in the front office. All households are encouraged to apply. You may turn in an application at any time during the year. Applications are for the current school year only; you must reapply each school year.

Menu subject to change.

The USDA is an equal opportunity provider and employer