



Monday	Tuesday	Wednesday	Thursday	Friday
	1	2	3	4
	Hot Ham and Cheese on a bun Fresh Fruit Fresh Vegetables Low Fat Milk	Grilled Cheese Tomato Soup Fresh Fruit Fresh Vegetables Low Fat Milk	BBQ Pulled Pork on a Bun Coleslaw Fresh Fruit Fresh Vegetables Low Fat Milk	Italian Dunkers w/ Marinara Fresh Fruit Fresh Vegetables Low Fat Milk
7	8	9	10	11
Popcorn Chicken Fresh Fruit Fresh Vegetables Low Fat Milk	Hot Dog on a Bun Baked Beans Fresh Fruit Fresh Vegetables Low Fat Milk	French Toast Sticks Sausage Fresh Fruit Fresh Vegetables Low Fat Milk	Crispy Chicken Wrap w/ Fixings Fresh Fruit Fresh Vegetables Low Fat Milk	Cheese Pizza Treat Fresh Fruit Fresh Vegetables Low Fat Milk
14	15	16	17	18
Lasagna Roll Up Fresh Fruit Fresh Vegetables Low Fat Milk	Salami Sandwiches Chips Fresh Fruit Fresh Vegetables Low Fat Milk	Nachos Seasoned Rice Fresh Fruit Fresh Vegetables Low Fat Milk	BBQ Chicken on a Bun Smiles Fresh Fruit Fresh Vegetables Low Fat Milk	<i>No School</i>
21	22	23	24	25
<i>No School</i>	Mini Corn Dogs Baked Beans Fresh Fruit Fresh Vegetables Low Fat Milk	Chicken Gravy over Mashed Potatoes Bread Stick Fresh Fruit Fresh Vegetables Low Fat Milk	Sloppy Joes Pickle and Chips Fresh Fruit Fresh Vegetables Low Fat Milk	Cheese Pizza Treat Fresh Fruit Fresh Vegetables Low Fat Milk
28	29	30		
Chicken Nuggets Fresh Fruit Fresh Vegetables Low Fat Milk	Beef and Bean Chili Fritos Fresh Fruit Fresh Vegetables Low Fat Milk	Hamburger on a Bun Fries Fresh Fruit Fresh Vegetables Low Fat Milk		

Peanut Butter & Jelly or Ham & Cheese sandwiches are offered daily as an alternate to the first entrée.

BREAKFAST MENU

Whole grain(WG), reduced sugar cold cereal, 100% whole-wheat toast, 100% fruit juice, fresh fruit and milk will be offered everyday.

ONE or more of the following items will also be offered as an alternate to the cold cereal and toast: Yogurt & toast,

WG pop-tart & toast, 2 slices of toast , WG breakfast pizza, WG pancakes or another "cook's choice" item.

Breakfast served from 7:40 to 8:00 in the Cafeteria

ALA CARTE MILK .50

Applications for Educational Benefits are available on-line at www.northshorecommunityschool.org, LunchApplications.com, and also at school in the front office. All households are encouraged to apply. You may fill out an application at any time during the year.

Applications are for the current school year only; you must reapply every school year.

Menu subject to change.

•The USDA is an equal opportunity provider and employer.•