



<i>Monday</i>	<i>Tuesday</i>	<i>Wednesday</i>	<i>Thursday</i>	<i>Friday</i>
3	4	5	6	7
Popcorn Chicken Baked Beans Fresh Fruit Fresh Vegetables Low Fat Milk	Hot Ham and Cheese Sandwich Fresh Fruit Fresh Vegetables Low Fat Milk	Hamburger Gravy over Mashed Potatoes Bread Stick Fresh Fruit Fresh Vegetables Low Fat Milk	Sloppy Joes Pickle & Potato Chips Fresh Fruit Fresh Vegetables Low Fat Milk	Italian Dunkers w/ Marinara Fresh Fruit Fresh Vegetables Low Fat Milk
10	11	12	13	14
BBQ Chicken on a Bun Tator Tots Fresh Fruit Fresh Vegetables Low Fat Milk	Beef and Bean Chili Fritos Fresh Fruit Fresh Vegetables Low Fat Milk	Softshell Tacos Seasoned Rice Fresh Fruit Fresh Vegetables Low Fat Milk	Chicken Patty on a Bun Fresh Fruit Fresh Vegetables Low Fat Milk	Cheese Pizza Fresh Fruit Fresh Vegetables Treat Low Fat Milk
17	18	19	20	21
Orange Chicken Seasoned Rice Fresh Fruit Fresh Vegetables Low Fat Milk	Salami Sandwiches Chips & Banana Peppers Fresh Fruit Fresh Vegetables Low Fat Milk	<i><u>No School</u></i>	<i><u>No School</u></i>	<i><u>No School</u></i>
24	25	26	27	28
Mini Corn Dogs Baked Beans Fresh Fruit Fresh Vegetables Low Fat Milk	Lasagna Roll Up Fresh Fruit Fresh Vegetables Low Fat Milk	Grilled Chicken Wrap w/Fixings Fresh Fruit Fresh Vegetables Low Fat Milk	Cheese Quesadilla Corn Fresh Fruit Fresh Vegetables Low Fat Milk	Cheese Pizza Fresh Fruit Fresh Vegetables Treat Low Fat Milk
31				
Chicken Nuggets Baked Beans Fresh Fruit Fresh Vegetables Low Fat Milk				

Peanut Butter & Jelly or Ham & Cheese sandwiches are offered daily as an alternate to the first entrée.

BREAKFAST MENU

Whole grain(WG), reduced sugar cold cereal, 100% whole-wheat toast, 100% fruit juice, fresh fruit and milk will be offered everyday.

ONE or more of the following items will also be offered as an alternate to the cold cereal and toast: Yogurt & toast,

WG pop-tart & toast, 2 slices of toast, WG breakfast pizza, WG pancakes or another "cook's choice" item.

Breakfast served from 7:40 to 8:00 in the Cafeteria

ALA CARTE MILK .50

Applications for Educational Benefits are available on-line at www.northshorecommunityschool.org, LunchApplications.com, and also at school in the front office. All households are encouraged to apply. You may fill out an application at any time during the year.

Applications are for the current school year only; you must reapply every school year.

Menu subject to change.

•The USDA is an equal opportunity provider and employer.•