



Monday	Tuesday	Wednesday	Thursday	Friday
	1	2	3	4
	Beef and Bean Chili Fritos Fresh Fruit Fresh Vegetables Low Fat Milk	Orange Chicken Whole Grain Rice Fresh Fruit Fresh Vegetables Low Fat Milk	Salami Sandwich Banana Peppers & Chips Fresh Fruit Fresh Vegetables Low Fat Milk	Italian Dunkers w/Marinara Fresh Vegetables Fresh Fruit Low Fat Milk
7	8	9	10	11
Mini Corn Dogs Baked Beans Fresh Fruit Fresh Vegetables Low Fat Milk	Chicken Gravy over Mashed Potatoes Fresh Fruit Fresh Vegetables Low Fat Milk	Lasagna Rollups Fresh Fruit Fresh Vegetables Low Fat Milk	BBQ Chicken on a Bun Coleslaw Fresh Fruit Fresh Vegetables Low Fat Milk	Pizza Fresh Fruit Fresh Vegetables Treat Low Fat Milk
14	15	16	17	18
Cheese Quesadilla Seasoned Rice Fresh Fruit Fresh Vegetables Low Fat Milk	Grilled Chicken Wrap with Fixings Fresh Fruit Fresh Vegetables Low Fat Milk	Hamburger on a Bun Baked Beans Fresh Fruit Fresh Vegetables Low Fat Milk	<u>NO SCHOOL</u> MEA	<u>NO SCHOOL</u> MEA
21	22	23	24	25
Chicken Nuggets Baked Beans Fresh Fruit Fresh Vegetables Low Fat Milk	Hot Dog on a Bun Fresh Fruit Fresh Vegetables Low Fat Milk	Grilled Cheese Sandwich Fresh Fruit Fresh Vegetables Low Fat Milk	Sloppy Joe & Pickle Potato Chips Fresh Fruit Fresh Vegetables Low Fat Milk	Italian Dunkers w/Marinara Fresh Fruit Fresh Vegetables Low Fat Milk
28	29	30	31	
Chicken Strips Baked Beans Fresh Fruit Fresh Vegetables Low Fat Milk	Tacos Seasoned Rice Fresh Fruit Fresh Vegetables Low Fat Milk	Pulled Pork on a Bun Coleslaw Fresh Fruit Fresh Vegetables Low Fat Milk	Hamburger Gravy over Mashed Potatoes Fresh Fruit Fresh Vegetables Low Fat Milk	

Peanut Butter & Jelly or Ham and Cheese sandwiches are offered daily as an alternate to the first entrée.

BREAKFAST MENU

Whole grain(WG), reduced sugar cold cereal, 100% whole-wheat toast, 100% fruit juice, fresh fruit and milk will be offered everyday. ONE or more of the following items will also be offered as an alternate to the cold cereal and toast: Yogurt & toast, oatmeal & toast, WG pop-tart & toast, WG cereal bar & toast, 2 slices of toast , WG breakfast pizza, WG pancakes or another "cook's choice" item.

Served: 7:40—8 AM.

Applications for free and reduced meals are available on-line, www.northshorecommunityschool.org, LunchApplications.com, or at school in the front office. All households are encouraged to apply. You may turn in an application at any time during the year. Applications are for the current school year only; you must reapply each school year.

Menu subject to change.

•The USDA is an equal opportunity provider and employer.•