



Monday	Tuesday	Wednesday	Thursday	Friday
1	2	3	4	5
<i>No School</i>	<i>No School</i>	Grilled Chicken Wrap w/Fixings Fresh Fruit Fresh Vegetables Low Fat Milk	Hamburger on a Bun Baked Beans Fresh Fruit Fresh Vegetables Low Fat Milk	Cheese Pizza Fresh Fruit Fresh Vegetables Treat Low Fat Milk
8	9	10	11	12
Shrimp Poppers Go Gurt Fresh Fruit Fresh Vegetables Low Fat Milk	Sloppy Joes Pickle & Potato Chips Fresh Fruit Fresh Vegetables Low Fat Milk	Popcorn Chicken Baked Beans Fresh Fruit Fresh Vegetables Low Fat Milk	Nachos Seasoned Rice Fresh Fruit Fresh Vegetables Low Fat Milk	Italian Dunkers w/ Marinara Fresh Fruit Fresh Vegetables Low Fat Milk
15	16	17	18	19
Salami Sandwiches Chips & Banana Peppers Fresh Fruit Fresh Vegetables Low Fat Milk	Chicken Strips Baked Beans Fresh Fruit Fresh Vegetables Low Fat Milk	Hamburger Gravy over Mashed Potatoes Fresh Fruit Fresh Vegetables Low Fat Milk	Beef and Bean Chili Fritos Fresh Fruit Fresh Vegetables Low Fat Milk	Cheese Pizza Fresh Fruit Fresh Vegetables Treat Low Fat Milk
22	23	24	25	26
Chicken Nuggets Baked Beans Fresh Fruit Fresh Vegetables Low Fat Milk	Fish Sticks Breadstick Fresh Fruit Fresh Vegetables Low Fat Milk	Cheese Quesadilla Seasoned Rice Fresh Fruit Fresh Vegetables Low Fat Milk	Pulled Pork on a Bun Coleslaw Fresh Fruit Fresh Vegetables Low Fat Milk	Italian Dunkers w/ Marinara Fresh Fruit Fresh Vegetables Low Fat Milk
29	30			
Mini Corn Dogs Baked Beans Fresh Fruit Fresh Vegetables Low Fat Milk	Grilled Cheese Tomato Soup Fresh Fruit Fresh Vegetables Low Fat Milk			

Peanut Butter & Jelly or Ham & Cheese sandwiches are offered daily as an alternate to the first entrée.

BREAKFAST MENU

Whole grain(WG), reduced sugar cold cereal, 100% whole-wheat toast, 100% fruit juice, fresh fruit and milk will be offered everyday.

ONE or more of the following items will also be offered as an alternate to the cold cereal and toast: Yogurt & toast,

WG pop-tart & toast, 2 slices of toast , WG breakfast pizza, WG pancakes or another "cook's choice" item.

Breakfast served from 7:40 to 8:00 in the Cafeteria

ALA CARTE MILK .50

Applications for Educational Benefits are available on-line at www.northshorecommunityschool.org, LunchApplications.com, and also at school in the front office. All households are encouraged to apply. You may fill out an application at any time during the year. Applications are for the current school year only; **you must reapply every school year.**

Menu subject to change.

The USDA is an equal opportunity provider and employer.