

## Lunch Menu January 2024



NSCS Food Service 218-525-0663 ext. 119

Monday	Tuesday	Wednesday	Thursday	Friday
1	2	3	4	5
Happy Holidays No School	Happy Holidays No School	Happy Holidays No School	Chicken Strips Baked Beans Fresh Fruit Fresh Vegetables Low Fat Milk	Italian Dunkers w/Marinara Fresh Fruit Fresh Vegetables Low Fat Milk
8	9	10	11	12
Mini Corn Dogs Baked Beans Fresh Fruit Fresh Vegetables Low Fat Milk	Pulled Pork on a Bun Coleslaw Fresh Fruit Fresh Vegetables Low Fat Milk	Grilled Cheese Tomato Soup Fresh Fruit Fresh Vegetables Low Fat Milk	Chicken Noodle Soup Breadstick Fresh Fruit Fresh Vegetables Low Fat Milk	Cheese Pizza Fresh Fruit Fresh Vegetables Treat Low Fat Milk
15	16	17	18	19
<u>No School</u>	Chicken Nuggets Breadstick Fresh Fruit Fresh Vegetables Low Fat Milk	Hotdog on a Bun Baked Beans Fresh Fruit Fresh Vegetables Low Fat Milk	Sloppy Joes Pickle & Potato Chips Fresh Fruit Fresh Vegetables Low Fat Milk	Italian Dunkers w/Marinara Fresh Fruit Fresh Vegetables Low Fat Milk
22		24	25	26
Chicken Gravy over Mashed Potatoes Fresh Fruit Fresh Vegetables Low Fat Milk	Salami Sandwiches Banana Peppers SunChips Fresh Fruit Fresh Vegetables Low Fat Milk	Beef and Bean Chili Fritos Fresh Fruit Fresh Vegetables Low Fat Milk	Softshell Tacos Seasoned Rice Fresh Fruit Fresh Vegetables Low Fat Milk	Cheese Pizza Fresh Fruit Fresh Vegetables Treat Low Fat Milk
29		31		
Lasagna Cheese Roll Up Cottage Cheese Fresh Fruit Fresh Vegetables Low Fat Milk	Fish Sticks Breadstick Fresh Fruit Fresh Vegetables Low Fat Milk	Chicken Patty on a Bun Baked Beans Fresh Fruit Fresh Vegetables Low Fat Milk		

Peanut Butter & Jelly or Ham & Cheese sandwiches are offered daily as an alternate to the first entrée.

## **BREAKFAST MENU SERVED: 7:40-8:00**

Whole grain(WG), reduced sugar cold cereal, 100% whole-wheat toast, 100% fruit juice, fresh fruit and milk will be offered everyday.

ONE or more of the following items will also be offered as an alternate to the cold cereal and toast: Yogurt & toast,

WG pop-tart & toast, 2 slices of toast, WG breakfast pizza, WG pancakes or another "cook's choice" item.

## **ALA CARTE MILK .50**

Applications for free and reduced meals are available on-line at <a href="www.northshorecommunityschool.org">www.northshorecommunityschool.org</a>, <a href="LunchApplications.com">LunchApplications.com</a>, and also at school in the front office. All households are encouraged to apply. You may fill out an application at any time during the year.

Applications are for the current school year only; <a href="you must reapply every school year">you must reapply every school year</a>.

Menu subject to change.

\*The USDA is an equal opportunity provider and employer.\*