



Lunch Menu November 2023



NSCS Food Service
218-525-0663 ext. 119

Monday	Tuesday	Wednesday	Thursday	Friday
		1	2	3
		Mini Corn Dogs Baked French Fries Fresh Fruit Fresh Vegetables Low Fat Milk	Nachos Seasoned Rice Fresh Fruit Fresh Vegetables Low Fat Milk	Cheese Pizza Fresh Fruit Fresh Vegetables Treat Low Fat Milk
6	7	8	9	10
Popcorn Chicken Baked Beans Fresh Fruit Fresh Vegetables Low Fat Milk	Sloppy Joe & Pickle Potato Chips Fresh Fruit Fresh Vegetables Low Fat Milk	Hot Dog on a Bun Smiles Fresh Fruit Fresh Vegetables Low Fat Milk	Shrimp Poppers Go Gurt Fresh Fruit Fresh Vegetables Low Fat Milk	Italian Dunkers Marinara Sauce Fresh Fruit Fresh Vegetables Low Fat Milk
13	14	15	16	17
Salami Sandwich Banana Peppers Chips Fresh Fruit Fresh Vegetables Low Fat Milk	Lasagna Rolls Cottage Cheese Fresh Fruit Fresh Vegetables Low Fat Milk	Grilled Cheese Tomato Soup Fresh Fruit Fresh Vegetables Low Fat Milk	Chicken Gravy over Mashed Potatoes Fresh Fruit Fresh Vegetables Low Fat Milk	Cheese Pizza Fresh Fruit Fresh Vegetables Treat Low Fat Milk
20	21	22	23	24
<u>NO SCHOOL</u>	<u>NO SCHOOL</u>	<u>NO SCHOOL</u>	<u>HAPPY THANKSGIVING</u>	<u>NO SCHOOL</u>
27	28	29	30	
Fish Sticks Breadstick Fresh Fruit Fresh Vegetables Low Fat Milk	Beef and Bean Chili Fritos Fresh Fruit Fresh Vegetables Low Fat Milk	Softshell Tacos Seasoned Rice Fresh Fruit Fresh Vegetables Low Fat Milk	Chicken Nuggets Baked Beans Fresh Fruit Fresh Vegetables Low Fat Milk	
Peanut Butter & Jelly or Ham w/ Cheese sandwiches are offered daily as an alternate to the first entrée.				
BREAKFAST MENU				
Whole grain(WG), reduced sugar cold cereal, 100% whole-wheat toast, 100% fruit juice, fresh fruit and milk will be offered everyday. ONE or more of the following items will also be offered as an alternate to the cold cereal and toast: Yogurt & toast, WG pop-tart & toast, 2 slices of toast , WG breakfast pizza, WG pancakes or another "cook's choice" item.				
Served: 7:40—8 AM.				
Applications for free and reduced meals are available on-line at www.northshorecommunityschool.org , LunchApplications.com , and also at school in the front office. All households are encouraged to apply. You may fill out an application at any time during the year. Applications are for the current school year only; you must reapply every school year.				

Menu subject to change

The USDA is an equal opportunity provider and employer