



Monday	Tuesday	Wednesday	Thursday	Friday
1	2	3	4	5
Chicken Patty on a Bun Baked Beans Fresh Fruit Fresh Vegetables Low Fat Milk	Lasagna Roll Ups Cottage Cheese Fresh Fruit Fresh Vegetables Low Fat Milk	Cheese Quesadilla Seasoned Rice Fresh Fruit Fresh Vegetables Low Fat Milk	Beef and Bean Chili Fritos Fresh Fruit Fresh Vegetables Low Fat Milk	French Bread Pizza Fresh Fruit Fresh Vegetables Treat Low Fat Milk
8	9	10	11	12
No School	Shrimp Poppers Go Gurt Fresh Fruit Fresh Vegetables Low Fat Milk	Chicken Nuggets Baked Beans Fresh Fruit Fresh Vegetables Low Fat Milk	Hamburger on a Bun Baked French Fries Fresh Fruit Fresh Vegetables Low Fat Milk	Italian Dunkers w/Marinara Fresh Fruit Fresh Vegetables Low Fat Milk
15	16	17	18	19
Popcorn Chicken Baked Beans Fresh Fruit Fresh Vegetables Low Fat Milk	Nachos Seasoned Rice Fresh Fruit Fresh Vegetables Low Fat Milk	Mini Corn Dogs Potato Smiles Fresh Fruit Fresh Vegetables Low Fat Milk	Grilled Cheese Tomato Soup Fresh Fruit Fresh Vegetables Low Fat Milk	French Bread Pizza Fresh Fruit Fresh Vegetables Treat Low Fat Milk
22	23	24	25	26
Fish Sticks Breadstick Fresh Fruit Fresh Vegetables Low Fat Milk	Pancakes Day Sausage & Real Maple Syrup Fresh Fruit Fresh Vegetables Low Fat Milk	Sloppy Joes Chips and Pickle Fresh Fruit Fresh Vegetables Low Fat Milk	Chicken Gravy over Mashed Potatoes Fresh Fruit Fresh Vegetables Low Fat Milk	Italian Dunkers w/Marinara Fresh Fruit Fresh Vegetables Low Fat Milk
29	30	31		
No School	Grilled Chicken Wrap w/Fixings Fresh Fruit Fresh Vegetables Low Fat Milk	Salami Sandwiches Chips & Banana Peppers Fresh Fruit Fresh Vegetables Low Fat Milk		

Peanut Butter & Jelly, Ham & Cheese sandwiches are offered daily as an alternate to the first entrée.

BREAKFAST MENU

Whole grain(WG), reduced sugar cold cereal, 100% whole-wheat toast, 100% fruit juice, fresh fruit and milk will be offered every day. ONE or more of the following items will also be offered as an alternate to the cold cereal and toast: Yogurt & toast, oatmeal & toast, WG pop-tart & toast, WG cereal bar & toast, 2 slices of toast, WG breakfast pizza, WG pancakes or another "cook's choice" item.
Served: 7:40—8 AM.

Meal Prices

	Breakfast	Lunch
Kindergarten	\$0.00	\$2.40
1st-6th	\$1.00	\$2.40
Free/Reduced	\$0.00	\$0.00
Adults	\$2.00	\$4.00
Ala Carte Milk	\$0.50	\$0.50

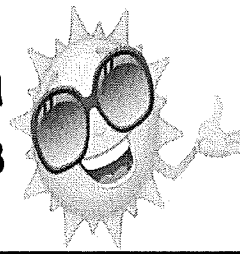
Applications for free and reduced meals are available on-line, www.northshorecommunityschool.org, or at school in the front office. All households are encouraged to apply. You may turn in an application at any time during the year. Applications are for the current school year only; **you must reapply each school year.**

Menu subject to change.

The USDA is an equal opportunity provider and employer.



Lunch Menu June 2023



**NSCS Food Service
218-525-0663 ext. 119**

Monday	Tuesday	Wednesday	Thursday	Friday
			1	2
			Softshell Tacos Seasoned Rice Fresh Fruit Fresh Vegetables Low Fat Milk	Cheese Pizza Fresh Fruit Fresh Vegetables Low Fat Milk
5	6	7	8	9
Chicken Strips Baked Beans Fresh Fruit Fresh Vegetables Low Fat Milk	Cook's Choice	Cook's Choice	Picnic Bag Lunch Salami, Ham or PB&J Chips Fresh Vegetables Fresh Fruit Low Fat Milk	Have A Safe & Happy Summer!

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Please keep funds in your account.

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