



# Lunch Menu March 2023



NSCS Food Service  
218-525-0663 ext. 119

Monday	Tuesday	Wednesday	Thursday	Friday
		1	2	3
		Lasagna Rollups Cottage Cheese Fresh Fruit Fresh Vegetables Low Fat Milk	Grilled Cheese Tomato Soup Fresh Fruit Fresh Vegetables Low Fat Milk	French Bread Pizza Fresh Fruit Fresh Vegetables Cookie Low Fat Milk
6	7	8	9	10
Chicken Strips Baked Beans Fresh Fruit Fresh Vegetables Low Fat Milk	Cheese Quesadilla Seasoned Rice Fresh Fruit Fresh Vegetables Low Fat Milk	Beef and Bean Chili Fritos Fresh Fruit Fresh Vegetables Low Fat Milk	Hamburger on a Bun Potato Smiles Fresh Fruit Fresh Vegetables Low Fat Milk	Italian Dunkers w/ Marinara Fresh Fruit Fresh Vegetables Low Fat Milk
13	14	15	16	17
<b><u>No School</u></b>	<b><u>No School</u></b>	Popcorn Chicken Baked Beans Fresh Fruit Fresh Vegetables Low Fat Milk	Salami Sandwiches Chips/Banana Peppers Fresh Fruit Fresh Vegetables Low Fat Milk	French Bread Pizza Fresh Fruit Fresh Vegetables Sherbet Low Fat Milk
20	21	22	23	24
Fish Sticks Breadstick Fresh Fruit Fresh Vegetables Low Fat Milk	Sloppy Joes Chips & Pickle Fresh Fruit Fresh Vegetables Low Fat Milk	Grilled Chicken Wrap w/ fixings Fresh Fruit Fresh Vegetables Low Fat Milk	Mini Corn Dogs Baked Beans Fresh Fruit Fresh Vegetables Low Fat Milk	Italian Dunkers w/ Marinara Fresh Fruit Fresh Vegetables Low Fat Milk
27	28	29	30	31
Shrimp Poppers Go Gurt Fresh Fruit Fresh Vegetables Low Fat Milk	Hotdog on a Bun French Fries Fresh Fruit Fresh Vegetables Low Fat Milk	Chicken Nuggets Baked Beans Fresh Fruit Fresh Vegetables Low Fat Milk	Nachos Seasoned Rice Fresh Fruit Fresh Vegetables Low Fat Milk	French Bread Pizza Fresh Fruit Fresh Vegetables Cookie Low Fat Milk

Peanut Butter & Jelly or Ham & Cheese sandwiches are offered daily as an alternate to the first entrée.

### BREAKFAST MENU

Whole grain(WG), reduced sugar cold cereal, 100% whole-wheat toast, 100% fruit juice, fresh fruit and milk will be offered everyday. ONE or more of the following items will also be offered as an alternate to the cold cereal and toast: Yogurt & toast, oatmeal & toast, WG pop-tart & toast, WG cereal bar & toast, 2 slices of toast, WG breakfast pizza, WG pancakes or another "cook's choice" item.

Cinnamon Rolls are offered every Wednesday.

Served: 7:40—8 AM.

### Meal Prices

	Breakfast	Lunch
Kindergarten	\$0.00	\$2.40
1st-6th	\$1.00	\$2.40
Free/Reduced	\$0.00	\$0.00
Adults	\$2.00	\$4.00
Ala Carte Milk	\$0.50	\$0.50

Applications for free and reduced meals are available on-line, [www.northshorecommunityschool.org](http://www.northshorecommunityschool.org), or at school in the front office. All households are encouraged to apply. You may turn in an application at any time during the year. Applications are for the current school year only; **you must reapply each school year.**

Menu subject to change.

\*The USDA is an equal opportunity provider and employer.\*