



Lunch Menu May 2022



NSCS Food Service
218-525-0663 ext. 119

Monday	Tuesday	Wednesday	Thursday	Friday
2	3	4	5	6
Shrimp Poppers w/String Cheese Fresh Fruit Fresh Vegetables Low Fat Milk	Mini Corndogs Baked Beans Fresh Fruit Fresh Vegetables Low Fat Milk	Grilled Cheese Sandwich Tomato Soup Fresh Fruit Fresh Vegetables Low Fat Milk	Chicken Strips French Fries Fresh Fruit Fresh Vegetables Low Fat Milk	French Bread Pizza Fresh Fruit Fresh Vegetables Low Fat Milk
9	10	11	12	13
<u>No School</u>	Chicken Nuggets Baked Beans Fresh Fruit Fresh Vegetables Low Fat Milk	Sloppy Joe Potato Chips & Pickle Fresh Fruit Fresh Vegetables Low Fat Milk	Cheese Omelet w/Muffin Tri Tators Fresh Fruit Fresh Vegetables Low Fat Milk	Italian Dunkers w/Marinara Fresh Vegetables Fresh Fruit Cookie Low Fat Milk
16	17	18	19	20
Chicken Patty on a Bun Baked Beans Fresh Fruit Fresh Vegetables Low Fat Milk	Lasagna Roll Ups Cottage Cheese Fresh Fruit Fresh Vegetables Low Fat Milk	Softshell Tacos Seasoned Rice Fresh Fruit Fresh Vegetables Low Fat Milk	Hotdog on a Bun French Fries Fresh Fruit Fresh Vegetables Low Fat Milk	Cheese Pizza Fresh Fruit Fresh Vegetables Low Fat Milk
23	24	25	26	27
Cheese Quesadilla WG Seasoned Rice Fresh Fruit Fresh Vegetables Low Fat Milk	Hamburger on a Bun Baked Beans Fresh Fruit Fresh Vegetables Low Fat Milk	Waffle Wednesday Sausage Links Fresh Fruit Fresh Vegetables Low Fat Milk	Chicken Gravy over Mashed Potatoes Fresh Fruit Fresh Vegetables Low Fat Milk	French Bread Pizza Fresh Fruit Fresh Vegetables Cookie Low Fat Milk
30	31			
<u>No School</u>	Chicken Wrap with Fixings Fresh Fruit Fresh Vegetables Low Fat Milk			

Peanut Butter & Jelly, Ham & Cheese sandwiches are offered daily as an alternate to the first entrée.

BREAKFAST MENU

Whole grain(WG), reduced sugar cold cereal, 100% whole-wheat toast, 100% fruit juice, fresh fruit and milk will be offered everyday. ONE or more of the following items will also be offered as an alternate to the cold cereal and toast: Yogurt & toast, oatmeal & toast, WG pop-tart & toast, WG cereal bar & toast, 2 slices of toast, WG breakfast pizza, WG pancakes or another "cook's choice" item.

Served: 7:40—8 AM.

Meal Prices

	<u>Breakfast</u>	<u>Lunch</u>
Kindergarten	\$0.00	\$2.40
1st-6th	\$1.00	\$2.40
Free/Reduced	\$0.00	\$0.00
Adults	\$2.00	\$4.00
Ala Carte Milk	\$0.50	\$0.50

Applications for free and reduced meals are available on-line, www.northshorecommunityschool.org, or at school in the front office. All households are encouraged to apply. You may turn in an application at any time during the year. Applications are for the current school year only; **you must reapply each school year.**

Menu subject to change.

The USDA is an equal opportunity provider and employer.



Lunch Menu June 2022



NSCS Food Service
218-525-0663 ext. 119

Monday	Tuesday	Wednesday	Thursday	Friday
		1	2	3
		Salami Sandwiches Banana Peppers Fresh Fruit Fresh Vegetables Low Fat Milk	Popcorn Chicken Baked Beans Fresh Fruit Fresh Vegetables Low Fat Milk	Cheese Pizza Fresh Fruit Fresh Vegetables Low Fat Milk
6	7	8	9	10
Cook's Choice	Cook's Choice	Cook's Choice	Picnic Bag Lunch Salami, Ham or PB&J Chips Fresh Vegetables Fresh Fruit Low Fat Milk	Have A Safe & Happy Summer!

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Please keep funds in your account.

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