



Lunch Menu January 2022



NSCS Food Service
218-525-0663 ext. 119

Monday	Tuesday	Wednesday	Thursday	Friday
3	4	5	6	7
Happy Holidays No School	Grilled Cheese Tator Tots Fresh Fruit Fresh Vegetables Low Fat Milk	Grilled Chicken Wrap w/Fixings Fresh Fruit Fresh Vegetables Low Fat Milk	Beef & Bean Chili Fritos Fresh Fruit Fresh Vegetables Low Fat Milk	French Bread Pizza Fresh Fruit Fresh Vegetables Cookie Low Fat Milk
10	11	12	13	14
Cheese Omelet Tri Tators Fresh Fruit Fresh Vegetables Low Fat Milk	Mini Corndogs Baked Beans Fresh Fruit Fresh Vegetables Low Fat Milk	Pulled Pork on a Bun Coleslaw Fresh Fruit Fresh Vegetables Low Fat Milk	Popcorn Chicken Mashed Potatoes Fresh Fruit Fresh Vegetables Low Fat Milk	Cheese Pizza Fresh Fruit Fresh Vegetables Low Fat Milk
17	18	19	20	21
No School	Chicken Nuggets Baked Beans Fresh Fruit Fresh Vegetables Low Fat Milk	Cheese Quesadilla WG Seasoned Rice Fresh Fruit Fresh Vegetables Low Fat Milk	Hamburger on a Bun French Fries Fresh Fruit Fresh Vegetables Low Fat Milk	French Bread Pizza Fresh Fruit Fresh Vegetables Cookie Low Fat Milk
24	25	26	27	28
Chicken Strips Potato Smiles Fresh Fruit Fresh Vegetables Low Fat Milk	Fish Sticks Breadstick Fresh Fruit Fresh Vegetables Low Fat Milk	Hotdog on a Bun Baked Beans Fresh Fruit Fresh Vegetables Low Fat Milk	Lasagna Cheese Rollup Cottage Cheese Fresh Fruit Fresh Vegetables Low Fat Milk	Cheese Pizza Fresh Fruit Fresh Vegetables Low Fat Milk
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Chicken Patty on a Bun Baked Beans Fresh Fruit Fresh Vegetables Low Fat Milk				

Peanut Butter & Jelly or Ham & Cheese sandwiches are offered daily as an alternate to the first entrée.

BREAKFAST MENU

Whole grain(WG), reduced sugar cold cereal, 100% whole-wheat toast, 100% fruit juice, fresh fruit and milk will be offered everyday.
ONE or more of the following items will also be offered as an alternate to the cold cereal and toast: Yogurt & toast,
WG pop-tart & toast, 2 slices of toast, WG breakfast pizza, WG pancakes or another "cook's choice" item.

Served Daily 7:40-8 A.M.

Meal Prices

	Breakfast	Lunch
Kindergarten	\$0.00	\$2.40
1st-6th	\$1.00	\$2.40
Free/Reduced	\$0.00	\$0.00
Adults	\$2.00	\$4.00
Ala Carte Milk	\$0.50	\$0.50

Applications for free and reduced meals are available on-line at www.northshorecommunityschool.org, LunchApplications.com, and also at school in the front office. All households are encouraged to apply. You may fill out an application at any time during the year. Applications are for the current school year only; **you must reapply every school year.**

Menu subject to change.

The USDA is an equal opportunity provider and employer.